

## POOL SWIM PROFICIENCY

<b>NAME:</b>	<b>DATE OF BIRTH:</b>
<b>DATE:</b>	<b>SURVIVAL FLOAT:</b>
<b>SWIM DISTANCE:</b>	<b>SWIM TIME:</b>
<b>Pool Swim Proficiencies will not be accepted unless printed name, signature &amp; Accreditation Number of Swim Coach is completed</b>	

**To allow each child to be eligible to register, return current completed pool swim proficiency at time of registration.**

### BRIBIE ISLAND NIPPER AGE REQUIREMENTS 2011/2012 SEASON

Preliminary Evaluation			Run-Swim-Run	Competition Evaluation	Age Award
Age Group	Pool Evaluation	Run-Swim-Run			
Under 6	1 Oct 05 – 30 Sep 06	<b>Kick on wall with face in the water—30 sec float</b>	Not applicable	Not applicable	Surf Play 1
Under 7	1 Oct 04 – 30 Sep 05	<b>Torpedo(push off wall) with face in water—30 sec float</b>	Not applicable	Not applicable	Surf Play 2
Under 8	1 Oct 03—30 Sep 04	<b>25 metre swim (freestyle) 1 Minute survival float</b>	Run-Wade-Run 25m-25m-25m	Run-Wade-Run 25m-25m-25m	Surf Aware 1
Under 9	1 Oct 02 – 30 Sep 03	<b>50 metre swim (freestyle) 1 Minute survival float</b>	Run-Swim-Run 50m-50m-50m	Min.150m open water swim	Surf Aware 2
Under 10	1 Oct 01 – 30 Sep 02	<b>50 metre swim (freestyle) 1.5 Minute survival float</b>	Run-Swim-Run 50m-50m-50m	Min.150m open water swim	Surf Safe 1
Under 11	1 Oct 00 – 30 Sep 01	<b>100 metre swim (freestyle) 2 Minute survival float</b>	Run-Swim-Run 50m-100m-50m	Min.288m open water swim	Surf Safe 2
Under 12	1 Oct 99 – 30 Sep 00	<b>100 metre swim (freestyle) 2 Minute survival float</b>	Run-Swim-Run 50m-100m-50m	Min.288m open water swim	Surf Smart 1
Under 13	1 Oct 98 – 30 Sep 99	<b>150 metre swim (freestyle) 3 Minute survival float</b>	Run-Swim-Run 100m-100m-100m	Min.288m open water swim	Surf Smart 2
Under 14	1 Oct 97 - 30 Sep 98	<b>200 metre swim (freestyle)Under 5 Min's 3 Minute survival float</b>	Run-Swim-Run 100m-100m-100m	Min.288m open water swim	Surf Rescue Certificate

**NB: POOL SWIM IS UNDERTAKEN BEFORE COMMENCING ANY JUNIOR ACTIVITY TRAINING OR COMPETITION. TIMED POOL SWIM AND COMPETENCY TEST MUST BE ACHIEVED BEFORE BEING ELIGIBLE TO COMPETE IN ANY CARNIVALS**

<b>SWIM COACH NAME:</b>	<b>SIGNATURE:</b>
<b>ACCREDITATION NUMBER:</b>	